

Youth First is a grass-roots initiative to inspire and challenge individuals, organizations and the entire Annandale Community to become **ASSET BUILDERS FOR YOUTH**

### Building Assets

The Search Institute has identified 40 developmental assets that help kids avoid negative or risk-taking behaviors, and help kids mature into healthy adults. The Assets fall into eight categories:

**Support** – Young people need support from the people important to them at home, at school, at church and in their community.



**Empowerment** – Youth need to know that the community values them and that they have a meaningful role in our community life.

**Boundaries and Expectations** – Young people need clear and consistent standards of behavior. They need people to have high expectations for them.

**Time Use** – Young people need to be involved in programs that offer creative, constructive and challenging things to do.

**Educational Commitment** – Youth need to develop a personal commitment to life long learning and education.

**Positive Values** – Youth need a core of positive beliefs and convictions that guide their choices.

**Social Competencies** – Young people need to develop skills that help them function independently and competently.

**Positive Identity** – Youth have a sense of control over their lives and a positive view of their personal future.



We recently recruited Annandale High School students for our Cardinal Buddies Mentorship Program. We asked the high school students to tell us why they were interested in becoming mentors. A ninth grade boy, who had been a “little buddy” himself, wrote, *“I want to affect a life for a lifetime. I would like the chance to be a good influence on others.”*

## Healthy Youth = Healthy Community

For more information

P.O. Box 190  
Annandale, MN 55302

Phone: (320) 274-0636  
E-mail:  
mbarkleybrown@annandale.k12.mn.us



### DID YOU KNOW?

- Donations to Annandale Youth First are 100% Tax Deductible
- All Donations Stay Within Our Community
- Annandale Youth First Needs Your Support!

● [www.annandale.mn.us/civic/youth-first\\_htm](http://www.annandale.mn.us/civic/youth-first_htm)

Telephone: 320-274-0636

**Federal Funding for our long standing programs has ended!**

**We need your help to continue to offer our youth these opportunities:**

**AFTER THE BELL/TEEN CLUB**

Provides supervised after school activities for Middle School students.

**AFTER THE GAME**

Supervised, healthy activities during high-risk times, especially after school sporting events.

**ANNANDALE CARE**

Short term, therapeutic interventions through crisis mediation and family counseling. This proactive approach aims to strengthen families by resolving problems quickly.

**CAMP EASTVIEW, ELM GROVE & KNOLLWOOD**

Provides free structured summertime activities for students who live at Eastview and Elm Grove Mobile Home Parks and Knollwood Apartments. Children join together for arts, crafts, reading, sports, games, circle time and snacks.

**CARDINAL BOYS AND GIRLS CLUB**

Helps students in 4<sup>th</sup> grade with skills necessary for transition to Middle School in 5<sup>th</sup> grade.

**CARDINAL BUDDIES**

High school students (Big Buddies) serve as caring role models and mentors for elementary-age students (Little Buddies).

**CENTENNIAL VILLA BINGO**

Promotes intergenerational activities between young people and senior citizens.

**COMMUNITY CLEAN-UP WEEK/ MIDDLE SCHOOL SERVICE DAY**

Gives students useful roles in the community and teaches them the importance of community service.

**COMMUNITY YOUTH NIGHTS**

Hosted by five local congregations. Events are non-denominational. Youth First, Inc. provides financial and promotional support while the congregation plans the event and provides supervision.

**TEAM ADVENTURES**

Working with trained counselors, at-promise students work on team-building exercises and non-traditional activities.



**Your donation is 100% tax deductible**

Please check programs you would like to sponsor:	Enclosed is my gift of :
___ Cardinal Buddies Mentor	___ \$1,000
___ Community Clean-up Week	___ \$500
___ Middle School Service Learning	___ \$250
___ Summer Camps at Mobile Home Park	___ \$100
___ Other	___ \$_____

**Please make checks payable to: Annandale Youth First, Inc.**

Donor Name: \_\_\_\_\_

*(As you would like to be recognized)*

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Would you like to be included on our quarterly newsletter email list?  Yes  No

Would you like more information on how to include Youth First in your estate planning?  Yes  No

P.O. Box 190  
Annandale, MN 55302

Phone: (320) 274-0636

E-mail:

mbarkleybrown@annandale.k12.mn.us

pwurm@annandale.k12.mn.us